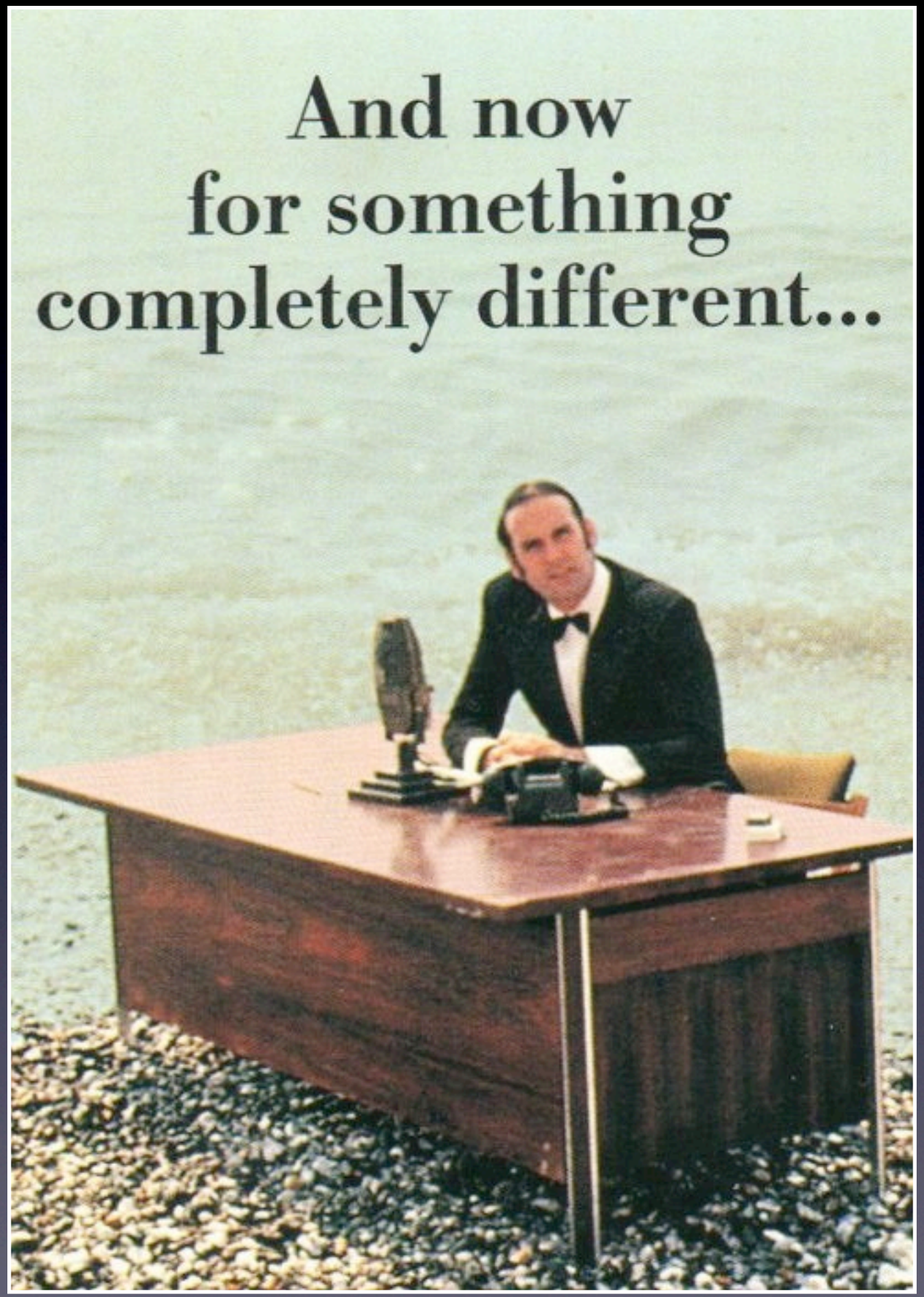

And now
for something
completely different...

UNIVERSITÀ DEGLI STUDI DI PADOVA

International conference
Life Designing and Career Counseling: Building Hope and Resilience
June 20-21-22, 2013, Padova-Italy

Jean-Jacques Ruppert

Andreas Frey

Annie Ruppert

Applied **V**o**c**ational **P**sychology and **P**olicy
Research Unit

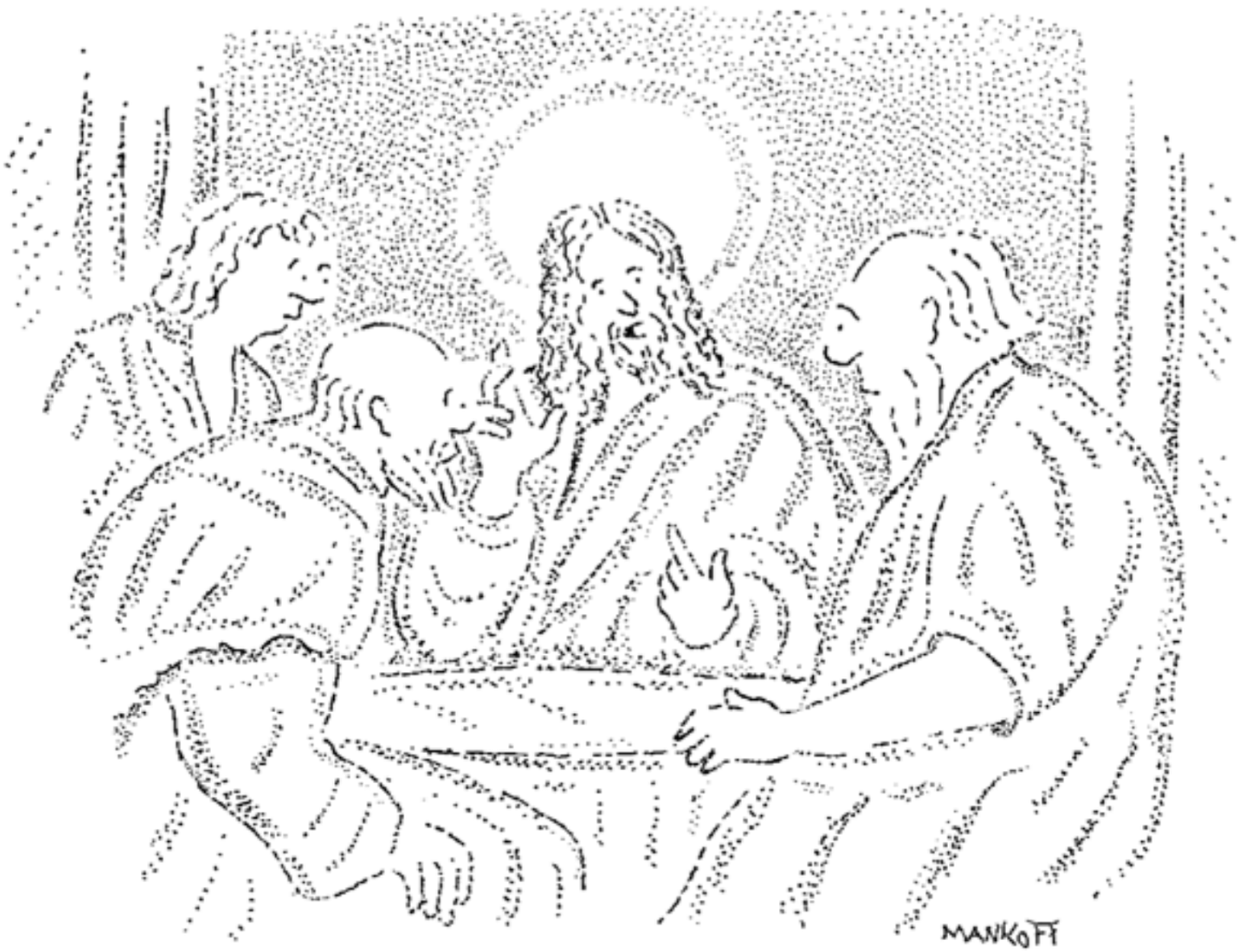
University of Applied Labour Studies
of the Federal Employment Agency

OPTIMISM:

an idea too

BIG

to fail ?



"Verily I say unto you that the wife is good, but the mother-in-law . . ."

THE INTERNATIONAL BESTSELLER

ANDREW ROSS SORKIN

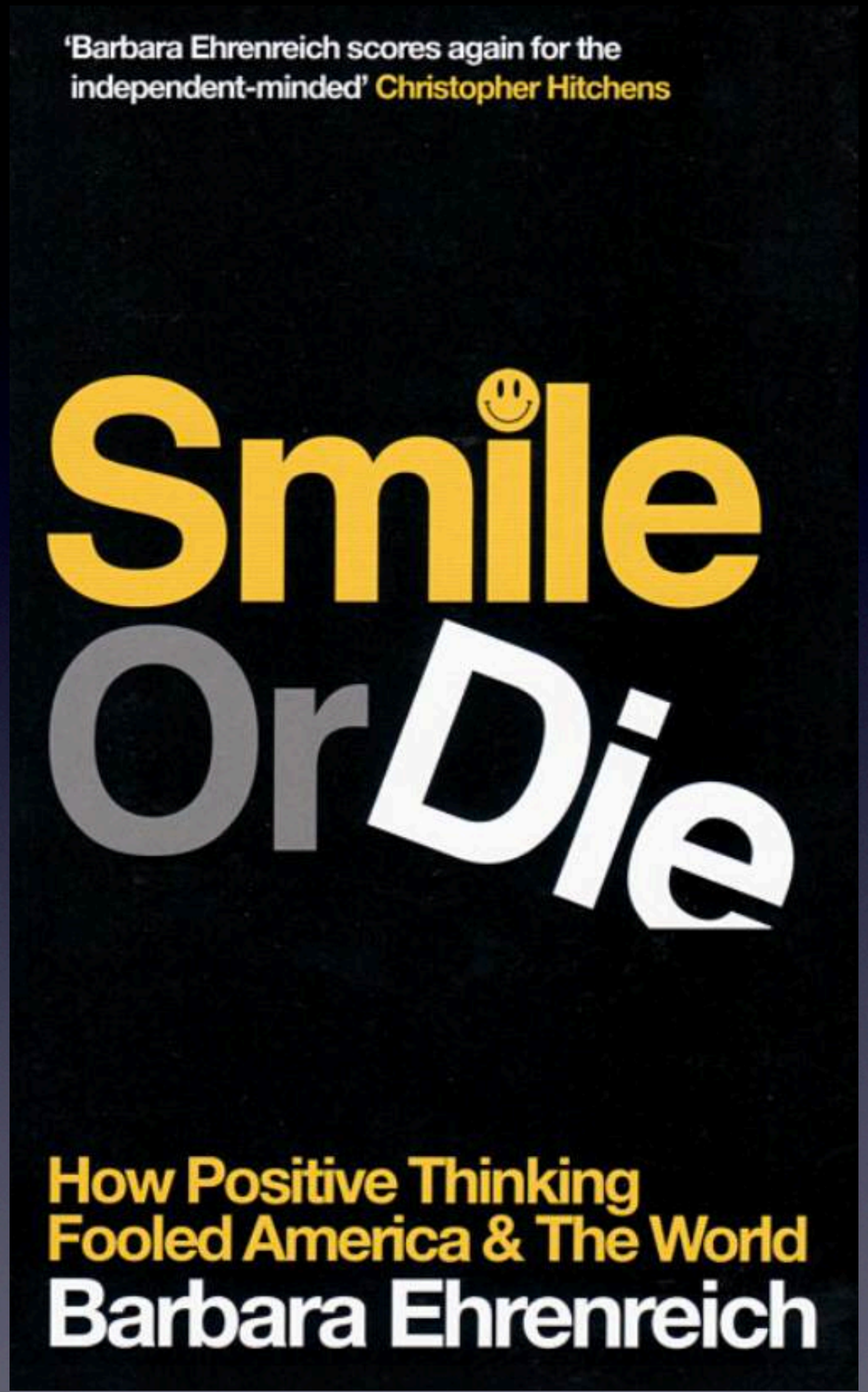
INSIDE THE BATTLE TO SAVE WALL STREET

TOO BIG TO FAIL

'Too good to put down'

ECONOMIST

SHORTLISTED FOR THE BBC SAMUEL JOHNSON PRIZE 2010


'Barbara Ehrenreich scores again for the independent-minded' Christopher Hitchens
Smile
Or Die
How Positive Thinking Fooled America & The World
Barbara Ehrenreich

Your
life
can be
full of
joy and
satisfaction.
Of
this
I have
no doubt
at all.

The POWER of POSITIVE THINKING

NORMAN VINCENT PEALE

Journal of Experimental Social Psychology 47 (2011) 719–729

Contents lists available at ScienceDirect

Journal of Experimental Social Psychology

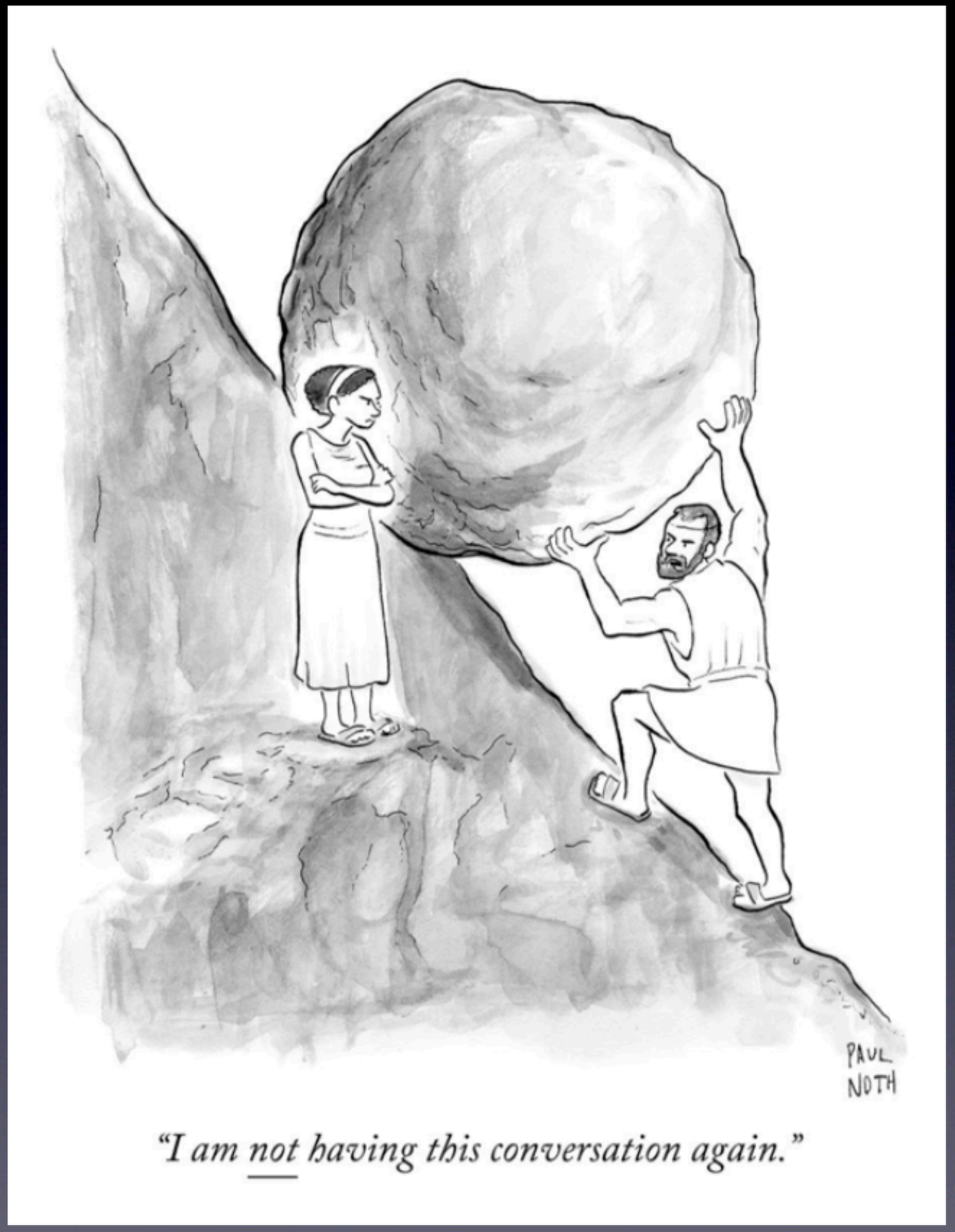
journal homepage: www.elsevier.com/locate/jesp

Positive fantasies about idealized futures sap energy ☆

Heather Barry Kappes [a,*], Gabriele Oettingen [a,b]

[a] New York University, Department of Psychology, 6 Washington Place, 7th Floor, New York, NY 10003, USA
[b] Department of Psychology, University of Hamburg, Hamburg, Germany

AN INCONVENIENT TRUTH
A REASSURING LIE
THE CHRISTIAN SCIENCE MONITOR
Bennett



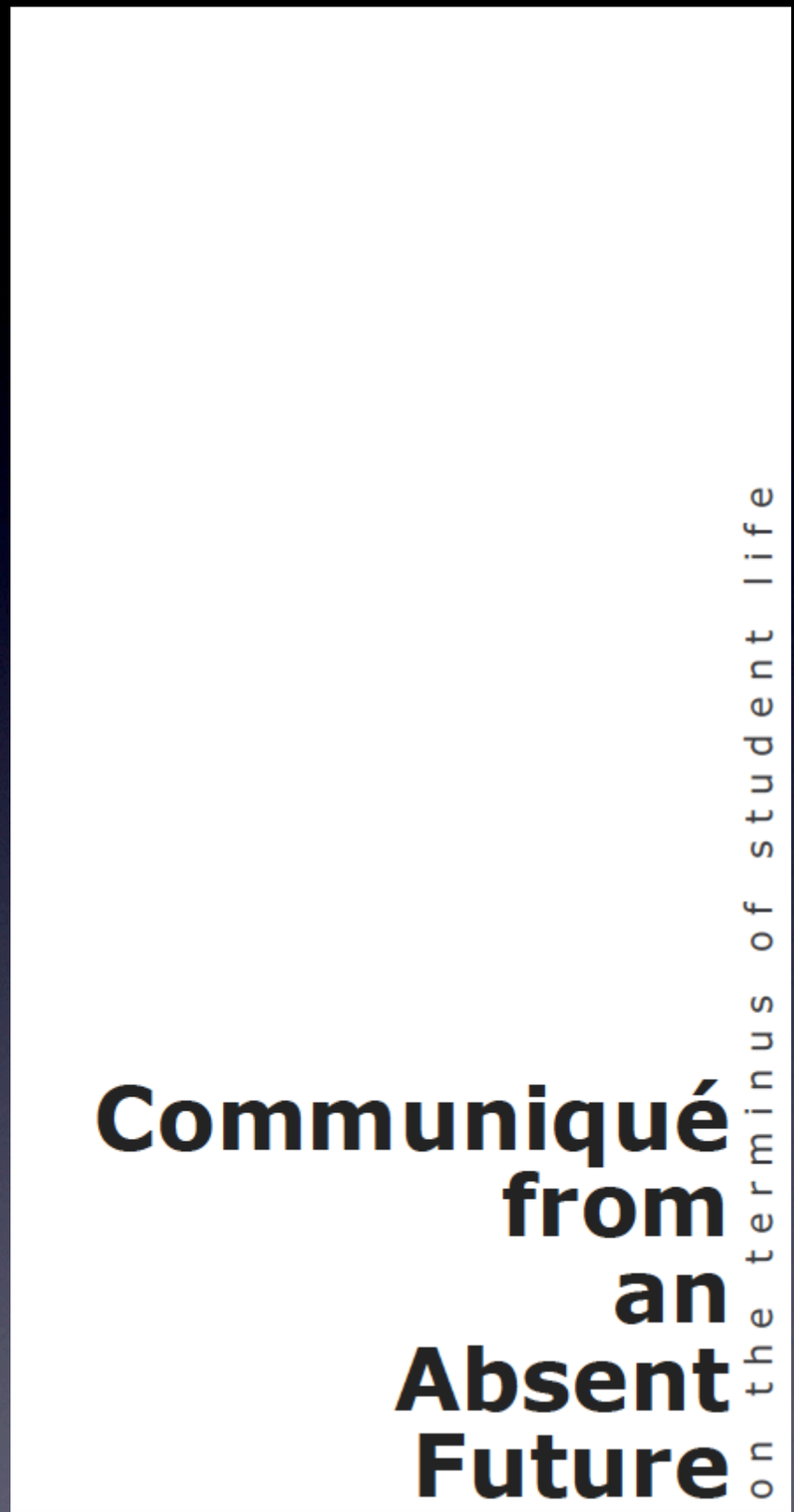
"I am not having this conversation again."

WHOA! HALF EMPTY! DEFINITELY HALF EMPTY!!
:CHOKE: :GASP:
JUST LISTEN TO YOU! ALWAYS THE PESSIMIST!
©VELEY

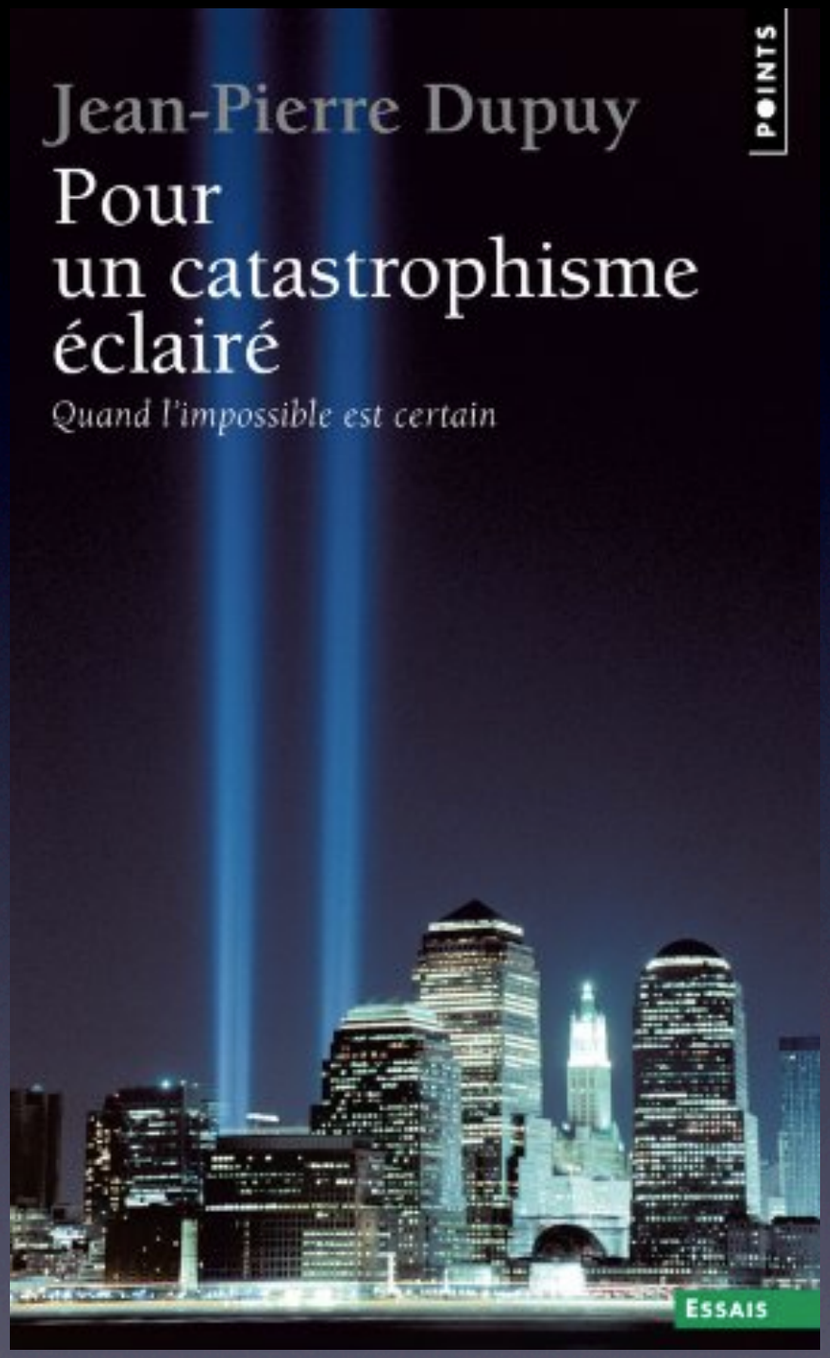
Get
Real

" 'Work hard, play hard' has been the over-eager motto of a generation in training for ... what?

- drawing hearts in cappuccino foam ... "



FRANZ
KAFKA


Jean-Pierre Dupuy
Pour
un catastrophisme
éclairé
Quand l'impossible est certain
POINTS
ESSAIS

Thank you for your attention

jean-jacques.ruppert@education.lu

andreas.frey@hdba.de

macruppi@pt.lu